



# ALL-PLAY

## SOCCER PROGRAM SAMPLE CURRICULUM

### PRE EVENT — Freestyler or Local Soccer Celebrity

#### ELEMENTARY Grades K-2

##### LESSON 1 (40mins):

Expectations — Behavior, Communication, etc.  
WHY? Why we are learning about soccer  
Activity — Learning Basic Skills  
Activity — Red Light, Green Light (dribbling)  
Activity — Balloon Keepy-Uppy (striking the ball)  
Activity — Scrimmage  
Worksheet – Coloring, skill/words of the week, etc.  
Closing Comments — Review (key words etc.)

##### LESSON 2 (40mins):

Expectations Review  
WHY we are learning about soccer?  
Activity — Basic Skills Review  
Activity — Red Light, Green Light (dribbling)  
Activity — Partner Passing  
Activity — Scrimmage  
Worksheet – Review  
Closing Review

#### MIDDLE SCHOOL Grades 6-8

##### LESSON 1 (40mins):

Presentation — Soccer Facts (history, today, etc.)  
Activity — Basic Skills  
Activity — Cone Dribbling  
Activity — Juggling  
Activity — Soccer Golf Course  
Closing Comments — Review (key words etc.)

##### LESSON 2 (40mins):

Presentation — Soccer Facts (history, today)  
Activity — Basic Skills Review  
Activity — Gym Wall Rebounds  
Activity — Balloon Keepy-Uppy (striking the ball)  
Activity — Scrimmage  
Closing Comments — Review (soccer opportunities, etc.)

#### ELEMENTARY Grades 3-5

##### LESSON 1 (40mins):

Expectations — Behavior, Communication, etc.  
WHY? Why we are learning about soccer  
Activity — Learning Basic Skills  
Activity — Red Light, Green Light (dribbling)  
Activity — Balloon Keepy-Uppy (striking the ball)  
Activity — Scrimmage  
Worksheet – Coloring, skill/words of the week, etc.  
Closing Comments — Review (key words etc.)

##### LESSON 2 (40mins):

Expectations Review  
WHY we are learning about soccer?  
Activity — Basic Skills Review  
Activity — Red Light, Green Light (dribbling)  
Activity — Partner Passing  
Activity — Scrimmage  
Worksheet – Review  
Closing Review

#### SUPPLIES PROVIDED

**Soccer Balls**  
**Goals**  
**Cones**  
**Balloons**  
**Noodles**  
**Worksheets**  
**Curriculum**